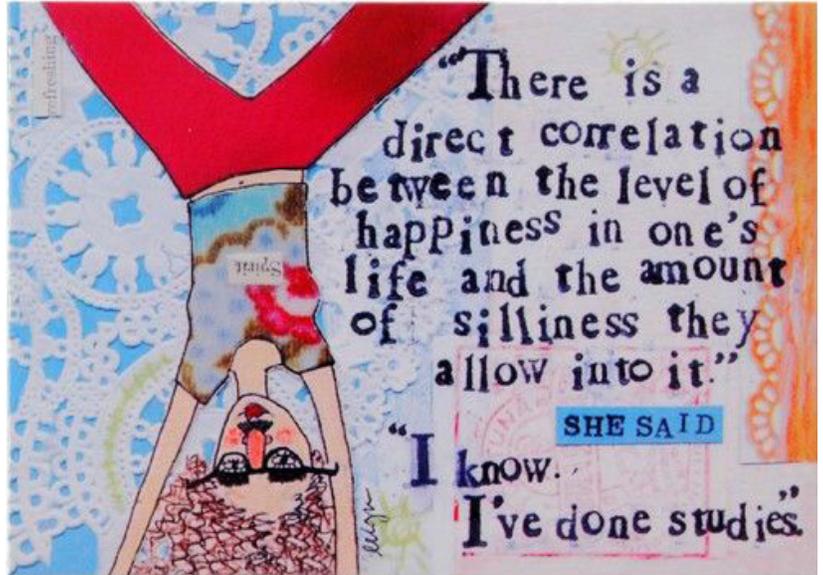


my to-do list

1. Put on a silly hat, wear it out to the grocery store, or any public place.
2. Ramp up #1 and dress up in costume, not just the silly hat.
3. Teach your pet a trick, make a video with your phone and put it on social media.
4. Do a silly dance, like the chicken dance. Or try this one: <https://www.youtube.com/watch?v=rCK82l4UeJc>
5. Tell a silly joke — you know, one that is normally above you.
6. Do a dramatic reading of a story – make up different voices for all the characters.
7. Have breakfast for dinner. (I know, for some this would be ordinary, but for others it's outside the comfort zone.)
8. Roll around in the grass. Or snow.
9. Jump in puddles. As you feel the power of being silly, start jumping in mud puddles.
10. Have a pajama party. That's right, invite your friends to sleep over.
11. Wear your clothes backwards.
12. Spray paint your old shoes. Wear them out into the world.
13. Fill your lawn (or a friend's) with pink flamingos, pinwheels, or other cheesy lawn ornaments.
14. Run with your arms out like an airplane, yelling "Wheeeeeeee!"
15. Sing at the top of your lungs the theme song from "The Love Boat," "The Brady Bunch," a silly commercial, or any Disney movie.
16. Now sing that song again using your hairbrush or toothbrush as a microphone in front of the mirror.
17. Build a blanket fort.
18. Using a silly voice leave voicemails for your friends. Or change the message others hear when they call to leave you a voicemail.



19. Draw silly things using crayons with your non-dominant hand. Hang your masterpieces on the refrigerator. Have a tea party with friends and draw some more.
20. Have dessert for breakfast. Or lunch. Or dinner. That's it. Just dessert.
21. Make a silly face, snap a picture. Text it to your family.
22. Post that silly face picture on social media.
23. Style your hair in a ridiculous way.
24. With your new hair style, go out to the movies, grocery store, or the park. Somewhere public, where others can also enjoy your masterpiece.
25. Enlist a friend to join you in #21 and #22.
26. Temporarily dye your hair. Like pink, teal, blonde, black... not your usual color.
27. Wear a wig.
28. Photocopy your face. (Keep your eyes closed.)
29. Wear a shirt that says, "Free Hugs" and give out hugs all day. This is one of my favorites.
30. Expand #18, make a short video of yourself using a silly voice and post it on social media.

be silly, be honest, be kind ~ ralph waldo emerson

my to-do list contived

31. Play with your food by arranging it into a picture or work of "art."
32. Take a picture of #32 and share it with the world.
33. See how many marshmallows you can fit in your mouth. Try both sizes - mini and regular. When you have a count let me know how many.
34. Plan a ridiculous trip or vacation. You don't have to take the trip, but you will laugh your noonies off planning it.
35. Host a talent show with friends. Keep in mind, talent is relative. Playing the kazoo for instance is very impressive. Also, see
36. Organize a neighborhood pet fashion show.
37. Have a food fight, somewhere you can hose down, or at least clean up fairly easily. Invite alot of friends, makes clean up quicker.
38. Blow up a packet of balloons then draw and paint silly faces on them.
39. Take #41 said balloons and fill your friend's car with them. Or bathroom, or office.
40. Go to a pool and jump off the diving board. No diving, a silly jump, like a cannonball.
41. Choose a theme for the day, like a word, shape or color. Work the word into every conversation you have, or maybe you buy things in triangular packaging, or only eat foods that are green.
42. Celebrate International Talk Like a Pirate Day - September 19th, mateys!
43. Use colored sprinkles on your spaghetti, or salad. You know, those ones usually reserved for cupcakes and ice cream.



44. Wear two different colored socks, and let people see them.
45. Paint your fingernails and toenails with different kinds of faces.
46. Draw on the windows with window markers.
47. Write a silly song.
48. Practice different laughs, especially an evil laugh. It makes people wonder what you're up to.
49. Invite friends over to hear your debut performance of that #47 silly song. This one pairs well with #10.
50. Send snail mail just because you were thinking of them. Sign the card using your non-dominant hand.
51. Put a puzzle together, write a note on the back, and then take it apart and give to a friend.
52. Keep silly pictures around (like you in a costume) and tell the story of the pictures frequently throughout the year.

*If people never did silly things nothing intelligent would get done.
~ Ludwig wittgenstein*